

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
10	11	12	13	14
- Sausage Biscuit - Banana Chocolate Breakfast Bar - French Toast Sticks - Assorted General Mills Cereal - Vanilla Bear Graham	- Chicken Biscuit - Dannon Danimals Yogurt - Cinnamon Granola - Breakfast Scrambler Bowl - Assorted General Mills Cereal - Vanilla Bear Graham	- Sausage Biscuit - Vanilla Belgian Waffle - Fruity Yogurt Parfait - Assorted General Mills Cereal - Vanilla Bear Graham	- Chicken Biscuit - Mini Pancakes - Breakfast Mac and Cheese - Assorted General Mills Cereal - Vanilla Bear Graham	- Morning Swicy Stack - Eggo Mini French Toast - Strawberry Bagelful - Assorted General Mills Cereal - Vanilla Bear Graham
17	18	19	20	21
- Sausage Biscuit - Banana Chocolate Breakfast Bar - French Toast Sticks - Assorted General Mills Cereal - Vanilla Bear Graham	- Chicken Biscuit - Dannon Danimals Yogurt - Cinnamon Granola - Breakfast Scrambler Bowl - Assorted General Mills Cereal - Vanilla Bear Graham	- Sausage Biscuit - Vanilla Belgian Waffle - Fruity Yogurt Parfait - Assorted General Mills Cereal - Vanilla Bear Graham	- Chicken Biscuit - Mini Pancakes - Breakfast Mac and Cheese - Assorted General Mills Cereal - Vanilla Bear Graham	- Morning Swicy Stack - Eggo Mini French Toast - Strawberry Bagelful - Assorted General Mills Cereal - Vanilla Bear Graham
24	25	26	27	28
- Sausage Biscuit - Banana Chocolate Breakfast Bar - French Toast Sticks - Assorted General Mills Cereal - Vanilla Bear Graham	- Chicken Biscuit - Dannon Danimals Yogurt - Cinnamon Granola - Breakfast Scrambler Bowl - Assorted General Mills Cereal - Vanilla Bear Graham	- Sausage Biscuit - Vanilla Belgian Waffle - Fruity Yogurt Parfait - Assorted General Mills Cereal - Vanilla Bear Graham	- Chicken Biscuit - Mini Pancakes - Breakfast Mac and Cheese - Assorted General Mills Cereal - Vanilla Bear Graham	- Morning Swicy Stack - Eggo Mini French Toast - Strawberry Bagelful - Assorted General Mills Cereal - Vanilla Bear Graham
31	- Sausage Biscuit - Banana Chocolate Breakfast Bar - French Toast Sticks - Assorted General Mills Cereal - Vanilla Bear Graham			

Milk Options Available:

- Skim Milk
- Low-Fat 1% White Milk

Breakfast Items Offered Daily: Assorted Chilled Fruit , 100% Fruit Juice , Assorted Low Fat Milk

Food allergies and meal preferences? Vegetarian and pork-free options are always available. For support accommodating other dietary restrictions, including food allergies, contact your school nutrition manager or email snsspecialdiets@hcps.net.

Rotating Breakfast Items Offered At Select Schools: Blueberry Chex , Cinnamon Chex , Cinnamon Toast Crunch (25% less sugar) , Cocoa Puffs (25% less sugar) , Honey Cheerios , Trix (25% less sugar)

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